

## Denver Family Resources

Organization	Description	Location	Contact
Brown Palace	The Brown Palace is a luxury hotel in Denver, and it's considered to be a national treasure. Take advantage of a one of the free tours, which are held every Wednesday and Saturday at 2pm.	321 17th St	303-297-3111
Celestial Teas	Free tours begin every hour Monday through Saturday from 10 to 4 & Sunday from 11 to 3.	4600 Sleepytime Dr, Boulder	303-530-5300
Children's Museum of Denver	On the first Tuesday of every month there are free guided story hours and playtimes from 4 to 8pm.	2121 Children's Museum Dr	303-433-7444
<b>Colorado Dept of Public Health &amp; Environment</b>	The Family Healthline is a statewide information and referral service. The Healthline helps callers, especially pregnant women and their families, find needed health care for themselves and their children by providing up-to-date information about many financial and health programs.		303-692-2229
Colorado Rockies	Baseball ROCKPILE seats cost \$4 for adults and \$1 for kids age 12 and under.	2001 Blake St	303-292-0200
Colorado State Capitol Building	Public historical tours are offered hourly 10am to 3pm Monday through Friday at no cost.	200 E Colfax Ave	303-866-2604
<b>Community Resources</b>	Horizons-Family Involvement Project empowers parents with the tools they need to actively participate in their child's education. Family Reading/Literacy nights, parents learn the research behind and importance of reading to their children. Families receive calendars to record the number of minutes that they read with their children and new books are distributed in English and Spanish to all children who attend.	3245 E Exposition Ave	720-424-2300
<b>Denver Area Youth Services</b>	Counseling services are provided to youth and their families regarding substance abuse.	1530 W 13th Ave	720-212-3113
Denver Art Museum	Always free for children age 6 and younger and free for all on the first Saturday of each month.	100 W 14th Ave Pkwy	720-865-5000
<b>Denver Children's Home</b>	Family Resource Center provides everything from support groups to household items.		303-399-4890 ext.274
<b>Denver Family Institute</b>	Provides high quality therapy to families, couples, individuals, adolescents and children.	3600 S Yosemite St	303-756-3340
Denver Parks and Recreation	All Denver students ages 5 to 18 have free, year-round access to the city's 23 recreation centers and 29 pools with the MY Denver Card.	Multiple	720-913-1311
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Denver Skatepark	Admission is free and the park is open seven days a week from 5am to 11pm. Go earlier and feel free to bring scooters if your kids are not proficient on boards yet.	19th St	
Denver Website	Search for family events in your time frame. <a href="http://www.denver.org/events/kids-families/">http://www.denver.org/events/kids-families/</a>		
Denver Website	Search for free events in the Denver area. <a href="http://www.denver.org/events/free-denver-events/">http://www.denver.org/events/free-denver-events/</a>		

<b>Developmental Disabilities Services</b>	Offers assistance to families who choose to maintain a family member with a developmental disability at home. The entire family living in the household becomes eligible to receive services and supports necessary to maintain the family member with a developmental disability. Services may include respite care, special equipment or clothing, family counseling and support groups, homemaker services, transportation, medical expenses, etc.	4055 S Lowell Blvd	303-866-7450
<b>Families First</b>	The Family Support Line is a statewide resource for parents or primary caregivers with family concerns. Whatever the issue, we greet callers with compassionate listening and respect, offering practical answers and information on all aspects of family life and child development. We also make referrals to community resources. Whether one just needs to talk or is seeking specific information, trained volunteers are ready to assist.	2163 S Yosemite St	1-800-244-5373
<b>Families First</b>	Parenting education classes teach effective communication and disciplinary skills for parenting children, from birth to young adulthood.	2163 S Yosemite St	303-695-7995
<b>Family Literacy Program</b>	Parents as Teachers (PAT) Program provides educational and developmental tools to families with prenatal to kindergarten aged children through home visits. PAT's federally approved curriculum fundamentally recognizes parents as a child's first teacher.	4440 Navajo St	303-458-8063
<b>Family Promise of Greater Denver</b>	Provides shelter, meals and support to homeless families. Overnight shelter, meals and transportation is provided through church congregations who are part of our Network. Case management and referrals are provided at our day site by professional staff. This is a 60-day shelter program.		303-675-0713
<b>Focus Points Family Resource Center</b>	Focus Points offers form assistance in filing for CHP+ and the Delta Dental programs. They will also help in locating a dentist who accepts Delta Dental.	2501 E 48th Ave	303-292-0770

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<b>Focus Points Family Resource Center</b>	30 week program of home instruction for children ages 3 - 5	2501 E 48th Ave	303-292-0770
<b>Focus Points Family Resource Center</b>	Nutrition classes including cooking skills. Practical nutrition information and food budgeting strategies	2501 E 48th Ave	303-292-0770
<b>Four Mile Family Resource Center</b>	Family advocacy and health care advocacy is offered at the center.	1651 S Dahlia St	303-363-8685
Four Mile Historic Park	On the first Friday of each month, Four Mile Historic Park is offering free general admission. The Park & Museum are open from Noon-4pm. Four Mile House Museum Tour times are at 12:30, 1:30, and 2:30pm.	715 S Forest St	720-865-0800
<b>Griffith Centers for Children</b>	Our Family Preservation program provides a way for families to get the help they need before their situation escalates to the point where children are removed from their home. The program is designed to work with families in crisis.	1724 Gilpin St	720-425-5510
Littleton Historical Museum	This museum is free and allows you to walk around the barn yard, and see the animals and blacksmith.	6028 S Gallup St, Littleton	303-795-3950
<b>Lowry Family Center</b>	Youth Support Services works with at-risk youth who have been or are committed to Denver Youth Corrections, as well as their families.	4800 Telluride St	303-307-0718 ext.106
<b>Lowry Family Center</b>	A Fatherhood advocacy and support program for any father or expecting father.	4800 Telluride St	303-307-0718 ext.104
<b>Lutheran Family Services Rocky Mountains</b>	Confidential counseling is available at no cost to persons experiencing an unintended pregnancy. This counseling is available to the mother, the father, and their families during the pregnancy and for up to six months following delivery.	363 S Harlan St	303-217-5840

<b>National Alliance on Mental Illness</b>	The NAMI Family-to-Family Education Program is a free 12-week course for families of individuals with severe brain disorders (mental illnesses) taught by trained family members.	2280 S Albion St	303-321-3104
<b>Nurse-Family Partnerships</b>	Nurse-Family Partnership is a FREE program for women who are having their first baby. If you enroll, a registered nurse will visit you in your home throughout pregnancy and continue to visit until your baby is 2 years old.	7290 Samuel Dr	303-269-2965
<b>Open Door Youth Gang</b>	This program is designed to reach out to school children ages five through twelve.	3532 Franklin St	303-893-4264
<b>Parents, Families, and Friends of Lesbians and Gays</b>	PFLAG strives to keep families together, to promote reconciliation and mutually satisfying relationships between GLBT persons and their family members.	1290 Williams St	303-333-0286 24 hr Helpline

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<b>Planned Parenthood of the Rocky Mountains</b>	Planned Parenthood of the Rocky Mountains (PPRM) is offering comprehensive, affordable Childbirth Preparation classes to the Denver metro community. PPRM provides a superior and non-judgmental birthing class experience. Our certified instructors provide current information on the full range of maternity care options to families of all ages, sizes, and sexual orientations.	7155 E 38th Ave	303-813-7716
<b>Project PAVE</b>	School-Based Therapy provides youth-focused therapy for Denver Public School students who have experienced or witnessed relationship violence.	2051 York St	303-322-2382
<b>Rocky Mountain Child and Family Therapy Center</b>	Provide therapeutic services to children, adolescents and their families at an affordable rate.	4155 E Jewell Ave	303-660-5896
<b>Rocky Mountain Down Syndrome Association</b>	Our organization has a "First Call" Parent Visitation program, which consists of trained parent volunteers. We are here to talk at any time, whether it is in the hospital, at your own home, at a coffee shop, on the phone, or via email. Each volunteer is more than willing to answer questions and offer support.	3515 S Tamarac Dr	303-797-1699
<b>Santa Fe Art Walk</b>	Every first Friday of the month from 6 to 9pm, 60 art galleries are open to the public.	Sata Fe from Alameda to 13th Ave	
<b>Tattered Cover Bookstore</b>	Hosts hundreds of free children's events throughout the year including lectures, book releases parties and author appearances.	1628 16th St	303-436-1070
<b>Tennyson Center for Children at Colorado Christian Home</b>	Home Environment Alternative to Residential Care (HEART) is an intensive in-home program that serves the entire family and focuses on family preservation, reunification and preventing out-of-home placements.	2950 Tennyson St	303-433-1232
<b>The Bike Depot</b>	The Bike Depot is committed to creating life-long bicyclists through the Bike Rodeo program. Each month they hand up bicycles to about 15 low-income families.	2825 Fairfax St	303-393-1963
<b>U.S. Mint</b>	Monday thru Thursday from 8 to 3:30 pm. The free tours are recommended for children 7 years of age and older. Reservations are required.	320 W Colfax Ave	303-405-4761